

# Beautymetrics

DR. LARA DEVGAN'S  
BEAUTY METRICS



MASTER CLASS &  
TRAINING COURSE

Saturday, September 28, 2019  
9 am- 5 pm

GRIFFIS FACULTY CLUB  
NEW YORK PRESBYTERIAN HOSPITAL, CORNELL CAMPUS  
521 EAST 68<sup>th</sup> STREET  
NEW YORK, NEW YORK 10065

**COURSE AGENDA**

| TIME      | TOPIC  | FACULTY SPEAKER       |
|-----------|--|-----------------------|
| 8:00 AM   | <b>REGISTRATION &amp; BREAKFAST</b> <ul style="list-style-type: none"><li>• Please bring photo identification</li><li>• After security check at the main entrance, participants will report to the Griffis Faculty Club</li><li>• Please allow ample time for check in as course will start promptly at 9am</li></ul>                    |                       |
| 9:00 AM   | <b>PART 1: INTRODUCTION</b> <ul style="list-style-type: none"><li>• Welcome remarks</li><li>• Practice principles</li><li>• Holistic approach to facial beauty/the facial analysis</li></ul>   | DR. LARA DEVGAN       |
| 9:15 AM   | <b>PART 2: FACIAL ANATOMY FOR THE INJECTOR</b> <ul style="list-style-type: none"><li>• Muscular, vascular and nervous anatomy of the face</li></ul>  | DR. CHRISTOPHER SUREK |
| 10: 15 AM | <b>PART 3: AVOIDING ADVERSE EVENTS &amp; MANAGING COMPLICATIONS</b> <ul style="list-style-type: none"><li>• Emergencies &amp; complications from neurotoxins, fillers, kybella</li><li>• How to manage adverse events</li><li>• Injectables crash cart</li><li>• Salvaging the patient experience after an undesirable outcome</li></ul> | DR. DAVID FUNT        |

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|----------|--|------------------|
| 11:00 AM | <p><b>PART 4: NEUROMODULATORS</b></p> <ul style="list-style-type: none"> <li>• Botox, Dysport and Xeomin similarities and differences</li> <li>• Preparation, storage, technique</li> <li>• Timing &amp; duration</li> <li>• Dosing and product choice</li> <li>• Basic injection sites: forehead, glabella, crow's feet</li> <li>• Advanced techniques: eyebrow arch, gummy smile, chin dimpling, masseters, DAOs, platysma, trapezius, hyperhidrosis</li> <li>• Anticipating the difficult neurotoxin patient</li> <li>• Emergencies &amp; complications from neurotoxins</li> <li>• Salvaging the patient experience after an undesirable outcome</li> </ul>  | DR. LARA DEVGAN  |
| 12:00 PM | <b>NETWORKING LUNCH</b>  |                  |
| 1:00 PM  | <p><b>PART 5: CHEEKBONES &amp; MIDFACE WITH COLLAGEN BIOSTIMULATORS</b></p> <ul style="list-style-type: none"> <li>• Choice of hyaluronic acid based fillers, Radiesse and/or Sculptra for the midface</li> <li>• Malar descent</li> <li>• Malar festoons</li> <li>• Flattened midface</li> <li>• Navigating the territory between LIFT and FILL</li> <li>• Lift and sculpt technique</li> <li>• Anticipating the difficult filler patient</li> <li>• Prevention and management of adverse events with cheek augmentation</li> </ul>   | DR. KAY DURAIRAJ |
| 2:00 PM  | <p><b>PART 6: FACIAL MICRO-OPTIMIZATION</b></p> <p>Non-surgical rhinoplasty:</p> <ul style="list-style-type: none"> <li>• Analysis, measurement, nasal subunits, injection technique, complications</li> <li>• The favorable vs the unfavorable patient</li> <li>• Technique overview: aspiration, microdroplet injection, finding the avascular tissue plane, treatment of filler as a cartilage graft</li> <li>• Prevention and management of adverse events with non-surgical rhinoplasty</li> </ul> <p>Tear trough augmentation</p> <ul style="list-style-type: none"> <li>• Evaluation of the undereye area, orbital rim, and orbital roof</li> <li>• When never to do a tear trough augmentation</li> <li>• A-frame deformities</li> <li>• Technique overview: cannula vs needles, sandwich technique, filler choice, technical considerations, complications</li> <li>• Prevention and management of adverse events with tear trough augmentation</li> </ul> <p>Lip augmentation</p> <ul style="list-style-type: none"> <li>• The five main qualities of beautiful lips</li> <li>• Similarities and differences among HAs, how to choose a filler</li> <li>• Technique overview: microdroplet injection, threading, tenting, bifurcation</li> <li>• How to build vertical lip height</li> <li>• Customization of results</li> </ul> | DR. LARA DEVGAN  |
| 3:00 PM  | <b>COFFEE &amp; NETWORKING BREAK</b>   |                  |

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|---------|--|--|
| 3:15 PM | <b>PART 7: DEOXYCHOLIC ACID</b> <ul style="list-style-type: none"> <li>• Kybella mechanism, preparation, technique, number of treatments</li> <li>• Patient experience: immediate &amp; delayed side effects, time period to final result, when to re-treat</li> <li>• Submental region injection, advanced off-label techniques: bra rolls, banana rolls, upper arms, abdominal fat, jowls</li> <li>• Anticipating the difficult Kybella patient (skin laxity, thin skin, jowl fullness), when Kybella is not sufficient</li> </ul> | DR. KAY DURAIRAJ   |
| 4:00 PM | <b>PART 8: JAWLINE &amp; CHIN AUGMENTATION</b> <ul style="list-style-type: none"> <li>• Choice of hyaluronic acid based fillers, Radiesse, and/or Sculptra for the lower face</li> <li>• Jowling, gonial angle proportions</li> <li>• Navigating the territory between LIFT and FILL</li> <li>• Lift and sculpt technique</li> <li>• Anticipating the difficult filler patient</li> <li>• Prevention and management of adverse events with lower third of the face augmentation</li> </ul>   | DR. DAVID FUNT   |
| 5:00 PM | <b>CHAMPAGNE RECEPTION</b> <ul style="list-style-type: none"> <li>• Meet &amp; Greet</li> <li>• Photographs</li> </ul>   | <b>TAG @LARADEVGANMD<br/>AND #BEAUTYMETRICS<br/>IN YOUR POSTS!</b> |

**Special thanks to our esteemed faculty and staff**

**Thank you for traveling from all over the world to be here!**

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