

DR. LARA DEVGAN'S
BEAUTY METRICS



MASTER CLASS &
TRAINING COURSE

*****THIS IS AN ALL LIVE DEMONSTRATION COURSE FOCUSING ON TECHNIQUE,
COMPLICATIONS & LIVE INJECTIONS*****

Saturday, March 30, 2019
9 am- 5 pm

GRIFFIS FACULTY CLUB
NEW YORK PRESBYTERIAN HOSPITAL, CORNELL CAMPUS
521 EAST 68th STREET
NEW YORK, NEW YORK 10065

COURSE AGENDA

8:00 am	Registration & Coffee Griffis Faculty Club New York Presbyterian Hospital Cornell Campus 521 East 68 th Street New York, NY 10065	*please bring photo identification *after security check at the main entrance, participants will report to the Griffis Faculty Club *please allow ample time for check in as course will start promptly at 9am
PART 1: NEUROTOXINS		
9:00 am	NEUROTOXINS: ANATOMY & FINESSE TECHNIQUES	-Botox, Dysport, and Xeomin similarities and differences -Preparation, Storage, Technique -Timing & duration -Dosing & product choice -Basic injection sites: forehead, glabella, crow's feet -Advanced techniques: eyebrow arch, gummy smile, chin dimpling, masseters, DAOs, platysma, trapezius, hyperhidrosis -Anticipating the difficult neurotoxin patient
9:20 am	NEUROTOXINS: COMPLICATIONS	-Prevention and management of adverse events with neurotoxins -Anticipated market shifts with additional neurotoxin products
9:40 am	NEUROTOXINS: LIVE INJECTION DEMONSTRATION	Reconstitution Marking Dosage Placement Technical considerations

		Aftercare
PART 2: DEOXYCHOLIC ACID		
10:00 am	KYBELLA: ANATOMY & FINESSE TECHNIQUES KYBELLA FOR JOWLS KYBELLA FOR BODY OFF-LABEL KYBELLA	-Kybella mechanism, preparation, technique -number of treatments & vials -when Kybella is not sufficient -Patient experience: immediate & delayed side effects, time period to final result, when to re-treat -Submental region injection -Advanced off-label techniques: bra rolls, banana rolls, upper arms, abdominal fat -Anticipating the difficult Kybella patient (ie skin laxity, thin skin, jowl fullness)
10:20 am	KYBELLA: COMPLICATIONS	-Prevention and management of adverse events with Kybella
10:40 am	KYBELLA: LIVE INJECTION DEMONSTRATION	Preparation Marking Dosage Placement Technical considerations Aftercare
PART 3: LIP AUGMENTATION		
11:00 am	LIP AUGMENTATION	-the 5 main qualities of beautiful lips -similarities and differences among hyaluronic acid based fillers, how to choose a filler -TECHNIQUE OVERVIEW: microdroplet injection, threading, tenting, bifurcation, cannula -how to build vertical lip height -customization of results
11:20 am	LIP AUGMENTATION: COMPLICATIONS	-Prevention and management of adverse events with lip augmentation
11:40 am	LIP AUGMENTATION: LIVE INJECTION DEMONSTRATION	Preparation Marking Dosage Placement Technical considerations Aftercare
12:00pm	NETWORKING LUNCH	
PART 4: CHEEKBONES & MIDFACE		
1:00 pm	CHEEKBONE AUGMENTATION	-Choice of hyaluronic acid based fillers, Radiesse, and/ or Sculptra for the midface -Malar descent -Malar festoons -Flattened midface

		-Navigating the territory between LIFT and FILL -Lift and Sculpt technique -Anticipating the difficult filler patient
1:20 pm	CHEEK/ AUGMENTATION: COMPLICATIONS	-Prevention and management of adverse events with cheek augmentation
1:40 pm	CHEEKBONE AUGMENTATION: LIVE INJECTION DEMONSTRATION	Preparation Marking Dosage Placement Technical considerations Aftercare
PARTS 5 & 6: JAWLINE & CHIN		
2:00 pm	JAWLINE & CHIN AUGMENTATION THE AESTHETICS OF THE LOWER THIRD OF THE FACE	-Choice of hyaluronic acid based fillers, Radiesse, and/ or Sculptra for the midface -Jowling -Gonial angle proportions -Navigating the territory between LIFT and FILL -Lift and Sculpt technique -Anticipating the difficult filler patient
2:10 pm	JAWLINE & CHIN AUGMENTATION: COMPLICATIONS	-Prevention and management of adverse events with lower third of the face augmentation
2:20 pm	JAWLINE/ CHIN AUGMENTATION: LIVE INJECTION DEMONSTRATION	Preparation Marking Dosage Placement Technical considerations Aftercare
2:30 pm	COFFEE & NETWORKING BREAK	
PART 7: PERIORBITAL AUGMENTATION		
3:00 pm	PERIORBITAL FILLER: TEAR TROUGH AUGMENTATION UPPER EYELID AND BROWBONE FILLER	-evaluation of the undereye area, orbital rim, and orbital roof -when never to do a tear trough augmentation -A-frame deformities -TECHNIQUE OVERVIEW: cannula versus needle, sandwich technique, filler choice, technical considerations, complications
3:20 pm	TEAR TROUGH AUGMENTATION: COMPLICATIONS	-Prevention and management of adverse events with tear trough augmentation
3:40 pm	TEAR TROUGH AUGMENTATION: LIVE INJECTION DEMONSTRATION	Preparation Marking Dosage Placement Technical considerations Aftercare
PART 8:		

NONSURGICAL RHINOPLASTY		
3:00 pm	NON-SURGICAL RHINOPLASTY: DORSAL HUMPS ETHNIC NOSES POST-SURGICAL NOSES DROOPY TIP NOTCHED ALA THIN VS THICK SKIN	-Nonsurgical rhinoplasty: analysis, measurement, nasal subunits, injection technique, complications -The favorable versus the unfavorable patient -TECHNIQUE OVERVIEW: aspiration, microdroplet injection, finding the avascular tissue plane, treatment of filler as a cartilage graft
3:20 pm	NONSURGICAL RHINOPLASTY: COMPLICATIONS	-Prevention and management of adverse events with nonsurgical rhinoplasty
3:40 pm	NONSURGICAL RHINOPLASTY: LIVE INJECTION DEMONSTRATION	Preparation Marking Dosage Placement Technical considerations Aftercare
5:00 pm- 6:00 pm	CHAMPAGNE RECEPTION	-meet & greet, photographs & networking -tag us to be reposted @laradevganmd and #beautymetrics